

## ***A Book for Those who are Caring for Mom***

***[NCR contributor Lisa Livezey offers Spiritual Inspiration to Family Caregivers](#)***

Newtown Square, PA, April 28, 2025 – With an estimated quarter of the U.S. population caring for an elderly parent or loved one, *Minding Mom: A Caregiver's Devotional Story* from Enroute Publishing provides unique encouragement.

In *[Minding Mom: A Caregiver's Devotional Story](#)* author Lisa Livezey, a Catholic convert, NCR contributor, and Guideposts devotional writer, offers 52 caregiving vignettes – each with a scripture, prayer, and takeaway. The book, a simple read, is based on the year Lisa cared for her Alzheimers-stricken mother after her father's unexpected passing. Wisdom, empathy, and candor abound from one who understands the caregiver's nonstop daily demands, placement decisions, and challenges caused by dementia.

"I wish I had this journal eight years ago when I was caring for my mom through her last year of life," said Janet Lozano, co-founder of Heart of the Father Ministries. "Lisa has given us a guide to reflect on God's goodness in our most difficult, heart-wrenching circumstances. Her devotional is a gift to anyone seeking solace as they give of themselves to serve another."

In *[Minding Mom: A Caregiver's Devotional Story](#)*, readers vicariously experience a literal sign from God, have an extraordinary adoration chapel moment, search through neighborhood backyards, and hear the author's mother predict her own death.

When asked to sum up the reason for her excitement about getting *Minding Mom* into the hands of others, Livezey said, "I desire for caregivers to experience Our Lord's hand in their day-to-day tasks and know that He sees their labor of love, even though they may at times feel invisible to the rest of the world."

For more information about *[Minding Mom: A Caregiver's Devotional Story](#)*, to request a promotional copy of the book, or to schedule an interview, contact Lisa at [lisa@lislivezey.com](mailto:lisa@lislivezey.com).

***Read Lisa Livezey's [Divine Mercy feature](#) in the online NC Register.***